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This wallet guide was excerpted from the following:
Diagnostic ionizing radiation and pregnancy: is there a concern?
Pa Patient Saf Advis
2008 Mar;5(1):3-15.

Name____________________________________

Phone___________________________________

Physicians:

Name/Phone ______________________________

Name/Phone ______________________________

A Patient's Wallet Card for Tracking Lifetime Radiation Exposure

Instructions: This card is intended to help your healthcare providers track your estimated exposure to radiation from x-rays and other tests or treatments where you may be exposed to radiation. Present this card at any facility where you have an x-ray or other diagnostic test or treatment. Please ask the staff at the facility to fill out the information if it applies.

Date	**Facility**	**Diagnostic test**	**Estimated radiation dose (mGy)**	**Total dose/ balance to date**